

Director of Marketing
Anton J Scharnell

YUMMY

Registered Dietitian
Marla Heller, M.S., RD

JULY AUGUST SEPTEMBER 2006

QUALITY TERING FOR KIDS INC.

| MONDAY | | | | TUESDAY | | | WEDNESDAY | | | | THURSDAY | | | | FRIDAY | | | | |
|---|------|--------------|------|--|------|------|--|------|------|------|--|------|------|------|---|-----|-----|------|--|
| 7/3 | 7/31 | 8/28 | 9/25 | (Closed 7/4) 8/1 | 8/29 | 9/26 | 7/5 | 8/2 | 8/30 | 9/27 | 7/6 | 8/3 | 8/31 | 9/28 | 7/7 | 8/4 | 9/1 | 9/29 | |
| Beef & Chicken Meatballs w/Marinara Sauce Sea Shell Pasta CV: Zucchini Slices w/Creamy Italian Dip HV: Green Beans Apple Wheat Bread | | | | Turkey Tomato Meat Sauce Rotini Pasta CV: Garden Salad w/French Dressing HV: Broccoli Banana Italian Bread | | | Diced Turkey w/Gravy Mashed Potatoes CV: Cucumber Slices w/Creamy Cucumber Dip HV: Peas & Carrots Sliced Pears Dinner Roll | | | | Beef Pattie au jus Pasta O's & Cheese CV: Veggie Medley w/Creamy Italian Dip HV: Mixed Veggies Fresh Fruit Wheat Bread | | | | Beef & Chicken Meatballs w/Gravy Cheesy Mashed Potatoes CV: Italian Pasta Salad ~NEW HV: Green Beans Applesauce Wheat Bread | | | | |
| 7/10 | 8/7 | (closed 9/4) | | 7/11 | 8/8 | 9/5 | 7/12 | 8/9 | 9/6 | 7/13 | 8/10 | 9/7 | 7/14 | 8/11 | 9/8 | | | | |
| Beef Salisbury w/Gravy Mashed Potatoes CV: Veggie Medley w/Creamy Cucumber Dip HV: Peas Seasonal Fresh Fruit Dinner Roll | | | | Cheese Ravioli CV: Garden Salad w/Golden Italian Dressing HV: Broccoli Banana Italian Bread | | | Roast Chicken w/Gravy Chicken Rice CV: Veggie Macaroni Salad HV: Diced Carrots Apple Slices Wheat Bread | | | | Beef & Chicken Meatballs w/Tomato Gravy Gemelli Pasta (CV: Baby Carrots', w/Creamy Italian Dip HV: Corn Watermelon Dinner Roll 8/17 | | | | Diced Turkey w/Gravy Mashed Potatoes CV: Creamy Cucumber Salad HV: Green Beans Tropical Fruit Wheat Bread | | | | |
| 7/17 | 8/14 | 9/11 | | 7/18 | 8/15 | 9/12 | 7/19 | 8/16 | 9/13 | 7/20 | 8/17 | 9/14 | 7/21 | 8/18 | 9/15 | | | | |
| Turkey Tomato Meat Sauce Penne Pasta CV: Tomato Wedges w/Creamy Cucumber Dip HV: Broccoli Orange Wheat Bread | | | | Roast Chicken w/Marinara Sauce Steamed Rice CV: Garden Salad w/Golden Italian Dressing HV: Peas Banana Wheat Bread | | | Beef & Chicken Meatballs au jus Sea Shell Pasta & Cheese CV: Creamy Pea Salad HV: Green Beans Mandarin Orange Slices Dinner Roll | | | | Beef Burger au jus Bowtie Pasta CV: Cucumber Slices w/Creamy Italian Dip HV: Sliced Carrots Seasonal Fresh Fruit Hamburger Bun Ketchup | | | | Cheese Ravioli CV: Garden Salad w/Golden Italian Dressing HV: Mixed Veggies Cinnamon Applesauce Italian Bread | | | | |
| 7/24 | 8/21 | 9/18 | | 7/25 | 8/22 | 9/19 | 7/26 | 8/23 | 9/20 | 7/27 | 8/24 | 9/21 | 7/28 | 8/25 | 9/22 | | | | |
| Beef & Chicken Meatballs w/Marinara Sauce Rigatoni Pasta CV: Baby Carrots w/Creamy Cucumber Dip HV: Corn Seasonal Fresh Fruit Italian Bread | | | | Roast Chicken w/Gravy Mashed Potatoes CV: Garden Salad w/Golden Italian Dressing HV: Peas & Carrots Banana Wheat Bread | | | Turkey Tomato Meat Sauce Rotini Pasta CV: Cole Slaw HV: Broccoli Sliced Peaches Wheat Bread | | | | Beef Salisbury w/Gravy Beef Rice CV: Tomato Wedges w/Creamy Italian Dip HV: Diced Carrots Watermelon Dinner Roll | | | | Fish Shapes w/Ketchup Cheesy Mashed Potatoes CV: Creamy Pea Salad HV: Green Beans Applesauce Wheat Bread | | | | |

*CV= Cold Veggies/ HV= Hot Veggies

note: All sauces are homemade